

Peripheral Mechanisms Contributing to the Glucocorticoid Hypersensitivity in *Pomc* null mice treated with Corticosterone.

Running Title: Glucocorticoid action in *Pomc*-null mice

Authors: Zoi Michailidou¹, Anthony P. Coll², Christopher J. Kenyon¹, Nicholas M. Morton¹, Stephen O'Rahilly², Jonathan R. Seckl¹ & Karen E. Chapman¹

Affiliations: ¹Endocrine Unit, Centre for Cardiovascular Sciences, Queen's Medical Research, Institute, University of Edinburgh, 47 Little France Crescent, Edinburgh, EH16 4TJ, UK & ²Departments of Clinical Biochemistry & Medicine, Cambridge Institute for Medical Research, Addenbrooke's Hospital, Cambridge, CB2 2XY, UK.

Corresponding author: Karen E. Chapman, Endocrinology Unit, Centre for Cardiovascular Sciences, The Queen's Medical Research Institute, 47 Little France Crescent, Edinburgh, EH16 4TJ.

Tel: 44-131-242-6736

Fax: 44-131-242-6779

Email: Karen.Chapman@ed.ac.uk

Key words: Glucocorticoid, 11 β -hydroxysteroid dehydrogenase type 1, obesity, melanocortin.

Abbreviations: Agt, angiotensinogen; CORT, corticosterone-supplemented water; GC, glucocorticoid; NEFA, non esterified fatty acids; GR, glucocorticoid receptor; 11 β -HSD1, 11 β -hydroxysteroid dehydrogenase type 1; POMC, proopiomelanocortin; RAS, renin-angiotensin system.

ABSTRACT

Pro-opiomelanocortin (POMC)-deficiency causes severe obesity through hyperphagia of hypothalamic origin. However, low glucocorticoid levels caused by adrenal insufficiency mitigates against insulin resistance, hyperphagia and fat accretion in *Pomc*^{-/-} mice. Upon exogenous glucocorticoid replacement, (CORT) *Pomc*^{-/-} mice show exaggerated responses including excessive fat accumulation, hyperleptinaemia and insulin resistance. To investigate the peripheral mechanisms underlying this glucocorticoid hypersensitivity we examined the expression levels of key determinants and targets of glucocorticoid action in adipose tissue and liver. Despite lower basal expression of 11 β -hydroxysteroid dehydrogenase type 1 (11 β -HSD1), which generates active glucocorticoids within cells, CORT-mediated induction of 11 β -HSD1 mRNA levels was more pronounced in adipose tissues of *Pomc*^{-/-} mice. Similarly, CORT treatment increased lipoprotein lipase mRNA levels in all fat depots in *Pomc*^{-/-} mice, consistent with exaggerated fat accumulation. Glucocorticoid receptor (GR) mRNA levels were selectively elevated in liver and retroperitoneal fat of *Pomc*^{-/-} mice but were corrected by CORT in the latter depot. In liver, CORT increased PEPCK mRNA levels specifically in *Pomc*^{-/-} mice, consistent with their insulin resistant phenotype. Furthermore, CORT induced hypertension in *Pomc*^{-/-} mice, independently of adipose or liver renin-angiotensin system (RAS) activation. These data suggest CORT-inducible 11 β -HSD1 expression in fat contributes to the adverse cardiometabolic effects of CORT in POMC deficiency, whereas higher GR levels may be more important in liver.

INTRODUCTION

Glucocorticoids exert pleiotropic effects on metabolism and energy partitioning. Centrally, they increase food intake and reduce energy expenditure whilst peripherally they promote insulin resistance, fat accumulation (Dallman *et al.* 1993; Kellendonk *et al.* 2002) and hypertension (Saruta 1996; Whitworth *et al.* 2001). Polymorphisms in the human glucocorticoid receptor NR3c1 gene (GR) are associated with glucocorticoid hypersensitivity, visceral obesity, hypertension and increased cardiovascular disease risk (Buemann *et al.* 1997; Rosmond *et al.* 2000; Ukkola *et al.* 2001; Dodson *et al.* 2001; van Rossum *et al.* 2003). Many rodent models of obesity are characterised by hypercorticonemia, with weight gain normalised following adrenalectomy and reinstated by glucocorticoid replacement (Debons *et al.* 1982; Freedman *et al.* 1986; Sainsbury *et al.* 1997; Makimura *et al.* 2000). Although plasma glucocorticoid levels are normal in human idiopathic obesity (Flier 2004), it has been proposed that intra-adipose glucocorticoid action is selectively increased, through increased adipose expression of 11 β -hydroxysteroid dehydrogenase type 1 (11 β -HSD1), the intracellular enzyme that regenerates active glucocorticoids from intrinsically inert 11keto-glucocorticoids (Andrew *et al.* 2002; Jamieson *et al.* 2000; Kotelevtsev *et al.* 1997).

Obese humans (Rask *et al.* 2001; Paulmyer-Lacroix *et al.* 2002; Lindsay *et al.* 2003; Kannisto *et al.* 2004) and some rodent models of obesity (Masuzaki *et al.* 2001; Livingstone *et al.* 2000) have selectively increased adipose levels of 11 β -HSD1 and transgenic over-expression of 11 β -HSD1 in adipocytes causes hyperphagia, obesity, insulin resistance and hypertension despite unchanged systemic glucocorticoid levels (Kotelevtsev *et al.* 1997; Masuzaki *et al.* 2003). Hepatic over-expression of 11 β -

HSD1 has no effect on adiposity, but causes hypertension and insulin resistance (Paterson *et al.* 2004). Conversely, mice deficient in 11 β -HSD1 are insulin sensitised and resist the adverse metabolic effects of a high fat diet (Kotelevtsev *et al.* 1997; Morton *et al.* 2001; Morton *et al.* 2004).

Proopiomelanocortin (POMC) is a polypeptide precursor which undergoes extensive posttranslational modification to yield a range of smaller, biological active peptides. These include α -, β - and γ melanocyte stimulating hormone (MSH) and adrenocorticotrophic hormone (ACTH), collectively known as the melanocortins. Inactivating mutations of the POMC gene in humans and mice results in a complex phenotype. Loss of melanocortin signalling within the hypothalamus cause hyperphagia and obesity (Krude *et al.* 1998; Yaswen *et al.* 1999; Challis *et al.* 2004). Further, a failure to produce ACTH within the anterior pituitary causes adrenal insufficiency with low or absent circulating glucocorticoids (Krude *et al.* 1998; Yaswen *et al.* 1999; Challis *et al.* 2004). *Pomc*^{-/-} mice are therefore unusual amongst rodent models in that obesity develops in the absence of circulating glucocorticoids. However, glucocorticoid treatment exacerbates hyperphagia and obesity in adult *Pomc*^{-/-} mice and induces severe insulin resistance, hyperleptinemia and diabetes (Coll *et al.* 2005).

We have tested the hypothesis that increased glucocorticoid action in peripheral tissues of glucocorticoid-treated *Pomc*^{-/-} mice contributes to their apparent glucocorticoid-hypersensitivity and exaggerated metabolic syndrome-like phenotype. We further demonstrate that glucocorticoid replacement induces hypertension in *Pomc*^{-/-} mice, independently of RAS activation.

MATERIALS AND METHODS

Animals and corticosterone (CORT) replacement. The generation of *Pomc*^{-/-} mice on a 129/SvEv background has been described previously (Challis *et al.* 2004). All mice were housed in standard conditions on a 12h light: 12h dark cycle (lights on 7am) with *ad libitum* access to water and chow (4.5% fat diet, Special Diet Services, Witham, UK). Eight week-old male mice (n=5/group) were treated with corticosterone (25µg/ml) in their drinking water, a dose that results in similar plasma glucocorticoid levels and hypothalamic CRH mRNA levels in *Pomc*^{-/-} and wild type mice (Coll *et al.* 2005). All animal protocols used in these studies were approved under the auspices of the UK Home Office Animals (Scientific Procedures) Act, 1986.

Blood Pressure Measurement. Systolic blood pressure was measured photoelectrically in the tail of restrained conscious mice using an IITC model 179 analyser (Woodland Hills, California, USA). Prior to recording measurements, all mice underwent 3 periods of training to accustom them to the procedure. Mice were warmed at 32°C for 30 min before taking 10 consecutive readings. The first five were discounted and a mean value of systolic blood pressure was calculated from the last five readings. Five mice from each treatment group were measured. All analog recordings were analysed by an independent observer who was blinded to the genotype of the mice and any treatment they had received.

Plasma hormone and lipid measurements. Animals were killed between 0800 and 0900h by cervical dislocation. Trunk blood samples were collected into EDTA coated tubes (Sarstedt, Germany), centrifuged (6000g x 10min) and plasma stored at -80°C

until required for assay. Non-esterified fatty acid (NEFA) and triglyceride levels were determined by commercial kits (NEFA, Roche Diagnostics, West Suffolk, UK; triglyceride, Dade Behring, Marburg, Germany). Plasma renin and angiotensinogen concentrations were determined as previously described (Morton *et al.* 2005).

Tissue Morphology and hepatic triglyceride levels. Neutral lipids, cholesterol and fatty acids were identified by light microscopy at x 40 magnification in cryostat liver sections (30µm) stained with Oil red O (Sigma) and counter-stained with haematoxylin as previously described (Morton *et al.* 2005). Hepatic triglycerides were extracted by homogenisation in isopropanol (10 volumes) then incubation for 45 min at 37°C and measured spectrophotometrically in supernatants (3000g x 10 min) using reagent TR224221 (Alpha Laboratories).

RNA extraction and northern blot analysis. Pieces of liver and adipose tissues (inguinal, retroperitoneal and epididymal) were rapidly frozen in dry ice, stored at -80°C then homogenised in Trizol (Invitrogen, UK). Total RNA was purified using a binding matrix (RNaid Plus kit, BIO 101; Anachem, UK) and eluted in diethylpyrocarbonate-treated water containing 400 U/ml RNasin (Promega, Southampton, UK) and 10mmol/l dithiothreitol. RNA (5-10µg) was blotted and hybridized to ³²P-labelled cDNA probes for mouse 11β-HSD1, GR, angiotensinogen, phosphoenolpyruvate carboxykinase (PEPCK), lipoprotein lipase (LPL) and 18S as previously described (Morton *et al.* 2005). Specific mRNAs were quantified using a phosphorimager (Fuji BAS FLA 2000) and Aida image analysis software (Raytek, Sheffield, UK) and are expressed in arbitrary units (A.U.) relative to 18S RNA.

Statistical Analyses. The effects of genotype and corticosterone interactions were assessed by 2-way ANOVA followed by post-hoc Tukeys' tests for group differences. Significance was set at $p < 0.05$. Values are means \pm SEM.

RESULTS

***Pomc*^{-/-} mice have reduced intra-adipose GC action but exaggerated CORT mediated GC amplification.**

Corticosterone-treated *Pomc*^{-/-} and wild type mice had similar plasma corticosterone levels and hypothalamic CRH mRNA levels (Coll *et al.* 2005). To examine potential mechanisms of CORT hypersensitivity in *Pomc*^{-/-} mice, 11 β -HSD1 and GR mRNA levels were measured in epididymal, inguinal and retroperitoneal adipose depots. Adipose 11 β -HSD1 mRNA expression was lower in all untreated *Pomc*^{-/-} compared to wild type mice (Fig. 1A) and was dramatically increased by CORT in both genotypes (Fig. 1A), with larger increases (2 to 4-fold greater) in *Pomc*^{-/-} mice.

Adipose expression of GR mRNA was higher in the retroperitoneal fat of *Pomc*^{-/-} mice and restored to wild type levels by CORT treatment (Fig. 1B). GR mRNA levels did not differ in inguinal and epididymal fat between *Pomc*^{-/-} and wild type mice, and were unaffected by CORT treatment in either genotype (Fig. 1B).

To investigate mechanisms downstream of 11 β -HSD1/GR by which CORT-treatment selectively increases fat mass in *Pomc*^{-/-} mice, adipose levels of mRNA encoding lipoprotein lipase (LPL), a glucocorticoid-regulated gene (Fried *et al.* 1993), were measured. Although LPL mRNA levels were the same in untreated *Pomc*^{-/-} and wild type mice in all depots, adipose LPL expression in *Pomc*^{-/-} mice was markedly increased by CORT-treatment (Fig. 1C) consistent with increased triglyceride uptake, and fat mass in *Pomc*^{-/-} mice. In wild type mice, CORT-treatment increased LPL mRNA only in the inguinal depot, and to a lesser extent than in *Pomc*^{-/-} mice (Fig.

1C), suggesting adipose depot-dependent regulation of LPL by glucocorticoids in non-obese mice, consistent with previous data in rats (Freedman *et al.* 1986).

Phosphoenolpyruvate carboxykinase (PEPCK) is an enzyme essential for gluconeogenesis in liver and for glycerol synthesis in adipose tissue (Pilkis & Granner 1992; Reshef *et al.* 2003). PEPCK is a classical glucocorticoid target gene which is positively regulated by glucocorticoids in hepatocytes and negatively regulated in adipocytes (Sasaki *et al.* 1984; Nechushtan *et al.* 1987). Consistent with this, adipose PEPCK mRNA levels were decreased in epididymal and retroperitoneal fat by CORT-treatment in wild type mice (Fig. 1D). Surprisingly, given their glucocorticoid deficiency, *Pomc*^{-/-} mice had lower levels of PEPCK mRNA in adipose tissue than wild type (Fig. 1D). However, although CORT treatment in *Pomc*^{-/-} mice decreased PEPCK expression in inguinal and retroperitoneal adipose tissue (significantly lower than in CORT-treated wild type mice; $p=0.01$), it had no effect on PEPCK mRNA levels in epididymal adipose tissue, suggesting that other regulatory factors dominate PEPCK expression in adipose tissue of *Pomc*^{-/-} mice (Fig. 1D).

***Pomc*^{-/-} mice are dyslipidaemic, and have unaltered hepatic 11 β -HSD1 but higher GR mRNA levels.**

Hepatic 11 β -HSD1 mRNA levels were similar between the two genotypes (Fig. 2A) and unaffected by CORT (Fig. 2A). Hepatic GR mRNA levels were higher in *Pomc*^{-/-} compared to wild type mice (Fig. 2B), but again CORT had no effect on GR mRNA levels (Fig. 2B).

Hepatic PEPCK expression was lower in *Pomc*^{-/-} than in wild type mice (Fig. 2C) and was increased by CORT treatment to levels equivalent to untreated wild type mice. In contrast, CORT decreased hepatic PEPCK mRNA levels in wild type mice (Fig. 2C).

Pomc^{-/-} mice showed markedly higher circulating triglyceride levels (Fig. 3A) and hepatic lipid accumulation than wild type mice (Fig. 3B), with 6-fold higher levels of hepatic triglyceride ($P < 0.001$) (Fig. 3C). However, CORT had no effect on plasma triglyceride levels in either genotype (Fig. 3A), nor did it worsen the liver phenotype (Fig. 3C). *Pomc*^{-/-} and wild type mice had similar plasma NEFA levels which were unaffected by CORT (Fig. 3D).

CORT drives hypertension in *Pomc*^{-/-} mice independently of adipose and liver RAS activation.

Pomc^{-/-} mice had similar blood pressure to wild type mice (Fig. 4A). CORT markedly increased blood pressure only in *Pomc*^{-/-} mice (Fig. 4A). Since hypertension following transgenic expression of 11 β -HSD1 in adipose or liver is associated with increased levels of angiotensinogen in each of these tissues, respectively (Masuzaki *et al.* 2001; Paterson *et al.* 2004) we hypothesised that a similar mechanism may drive CORT-mediated hypertension in *Pomc*^{-/-} mice. We therefore examined key components of the renin-angiotensin system (Guyton 1991). *Pomc*^{-/-} mice had higher hepatic angiotensinogen mRNA levels than controls (Fig. 4B). However, CORT did not alter hepatic angiotensinogen mRNA levels in either genotype (Fig. 4B). Consistent with lower intra-adipose GC action, adipose angiotensinogen mRNA levels were lower in *Pomc*^{-/-} mice in all adipose depots (Fig. 4C). CORT increased angiotensinogen mRNA levels specifically in epididymal adipose tissue of both genotypes (2 fold increase;

$P<0.001$) (Fig. 4C) but had no effect on angiotensinogen mRNA levels in inguinal or retroperitoneal adipose tissue of either genotype (Fig. 4C). Plasma angiotensinogen concentrations did not differ with genotype or CORT (Fig. 4D). As has been found in another model of glucocorticoid deficient obesity (Morton *et al.* 2005), plasma renin concentration was markedly higher in *Pomc*^{-/-} mice (Fig. 4E) but this was unaffected by CORT (Fig. 4E).

DISCUSSION

Increased glucocorticoid action specifically in adipose (Masuzaki *et al.* 2001) or liver (Paterson *et al.* 2004) produce distinct metabolic syndromes with hypertension. Increased glucocorticoid receptor sensitivity is also associated with altered fat distribution, hypertension and cardiometabolic disease (Buemann *et al.* 1997; Rosmond *et al.* 2000; Ukkola *et al.* 2001; Dodson *et al.* 2001; van Rossum *et al.* 2003). We hypothesised that altered tissue regeneration of active glucocorticoid and/or peripheral tissue sensitivity to GCs might explain in part the exaggerated fat accumulation, insulin resistance (Coll *et al.* 2005) and the hypertension observed in *Pomc*^{-/-} mice with glucocorticoid replacement.

With fixed circulating glucocorticoid levels, 11 β -HSD1 and GR expression levels are the key determinants of GC action. *Pomc*^{-/-} mice had lower adipose but similar hepatic levels of 11 β -HSD1 mRNA levels to wild type mice. CORT-treatment dramatically and more markedly increased 11 β -HSD1 in the adipose tissue of *Pomc*^{-/-} mice. This was accompanied by a marked increase in the expression of the glucocorticoid inducible (Fried *et al.* 1993) gene LPL, which is consistent with the exaggerated accumulation of fat in these mice. Intriguingly, these data suggest that, at least in adipose tissue, 11 β -HSD1 itself is a glucocorticoid target gene. This finding is consistent with most (Jamieson *et al.* 1995; Voice *et al.* 1996; Hammami & Siteri 1991; Bujalska *et al.* 1999), but not all (Napolitano *et al.* 1998) previous reports of glucocorticoid induction of 11 β -HSD1 in a variety of cell types. Although not specifically measured here, increased adipose 11 β -HSD1 activity is predicted to selectively amplify intra-adipose glucocorticoid concentrations, particularly when circulating levels of substrate are high. On the other hand, our data suggest that

congenital glucocorticoid deficiency has little impact upon hepatic 11 β -HSD1 levels *in vivo* and is not regulated by corticosterone. In contrast, 11 β -HSD1 mRNA levels are highly and positively regulated by glucocorticoids in adipose tissue.

GR levels are another major determinant of cellular glucocorticoid sensitivity (Vanderbilt *et al.* 1987; Geley *et al.* 1996). Small differences in GR mRNA levels can markedly alter glucocorticoid responsiveness (Geley *et al.* 1996; Reichardt *et al.* 2000). *Pomc*^{-/-} mice had elevated GR mRNA levels in liver and retroperitoneal adipose tissue, suggesting increased glucocorticoid sensitivity selectively in these depots. Following CORT replacement in *Pomc*^{-/-} mice, GR mRNA levels were restored to wild type levels in retroperitoneal adipose tissue but not in liver, consistent with tissue- and time-specific differences in GR autoregulation (Reichardt *et al.* 2000; Sheppard *et al.* 1990; Holmes *et al.* 1990; Holmes *et al.* 1995; Holmes *et al.* 1997; Kalinyak *et al.* 1987; Dong *et al.* 1988).

CORT had no additional effects on the hypertriglyceridaemia and fatty liver of the *Pomc*^{-/-} mice, and did not affect plasma NEFAs, which were normal in *Pomc*^{-/-} mice. The CORT-driven caloric excess in *Pomc*^{-/-} mice may drive a further increase in the flux of triglycerides from the liver, that, coupled with increased adipose uptake via LPL, maintains the circulating and liver triglyceride levels constant and is consistent with increased adipose tissue mass in CORT treated *Pomc*^{-/-} mice (Coll *et al.* 2005).

Adipose PEPCK is critical for glyceroneogenesis and is thus a key regulator of the level of fatty acid re-esterification (reviewed in (Reshef *et al.* 2003)). Unexpectedly, since glucocorticoids reduce adipose PEPCK, glucocorticoid deficient *Pomc*^{-/-} mice

had lower levels of PEPCK mRNA in all adipose depots. This was further decreased by CORT treatment. The lower level of PEPCK mRNA in untreated *Pomc*^{-/-} mice may be due to their higher fed blood glucose levels (Nechushtan *et al.* 1987; Opherk *et al.* 2004), thus reducing the need for glyceroneogenesis to generate glycerol-phosphate for fatty acid re-esterification. *Pomc*^{-/-} mice have lower hepatic expression of PEPCK. This may not be due to lack of glucocorticoid signalling in liver, as mice with a liver-specific knock-out of GR have normal levels of PEPCK in liver (Opherk *et al.* 2004), but may be related to the higher circulating levels of insulin in *Pomc*^{-/-} mice compared to wild type (Coll *et al.* 2005). Insulin dominantly and negatively suppresses hepatic PEPCK in the fed state (Pilkis & Granner 1992). In CORT-treated wild type mice, the repressive effect of insulin predominated. Indeed, the decreased levels of PEPCK in these mice compared to untreated wild type mice may reflect the increase in insulin levels following CORT (Coll *et al.* 2005). In contrast, hepatic PEPCK mRNA levels doubled following CORT treatment in *Pomc*^{-/-} mice, consistent with hepatic insulin resistance and marked hyperinsulinaemia (Coll *et al.* 2005).

Blood pressure in *Pomc*^{-/-} mice is normal despite their hypoadrenal state. This implies that secondary mechanisms are invoked to maintain cardiovascular function when circulating aldosterone and corticosterone concentrations are chronically reduced (Coll *et al.* 2004). It seems likely that the increased renin activity which we have observed in *Pomc*^{-/-} mice is part of this adaptive process. However, corticosterone replacement did not normalise renin activity and selectively increased blood pressure in *Pomc*^{-/-} mice. This was not attributed to a further activation of the circulating renin-angiotensin system, since neither renin nor its substrate angiotensinogen were increased. Indeed expression of angiotensinogen mRNA in liver and adipose tissues

did not correlate with blood pressure. It seems likely that corticosterone augmented existing mechanisms that were already sustaining vascular function. Apart from renin, these secondary processes are likely to involve the hyperinsulinaemic (Sowers 2004) state of *Pomc*^{-/-} mice (which is exacerbated by corticosterone treatment) (Coll *et al.* 2005), the sympathetic nervous system (Rascher *et al.* 1979) (which is thought to explain glucocorticoid-induced hypertension in normal mice) or structural adaptation of the vasculature (Wallerath *et al.* 2004).

In summary, we show that increased adipose tissue-specific sensitivity to glucocorticoids in *Pomc*^{-/-} mice may result in part from exaggerated induction of 11 β -HSD1 in adipose tissue with CORT administration. Whilst acknowledging that mRNA changes do not always translate to altered protein (or enzyme activity) levels, these data nevertheless suggest that 11 β -HSD1 might be a more potent mediator of intra-adipose GC action than the glucocorticoid receptor levels whereas in liver, higher GR levels contribute to the diabetogenic phenotype of the *Pomc*^{-/-} mice.

ACKNOWLEDGEMENTS

We thank Keith Burling for assistance with plasma hormone and lipid measurements and members of the Endocrinology Unit, QMRI for helpful comments and discussions.

FUNDING

This work has been supported by a Wellcome Trust Programme grant (J.R.S. and K.E.C.), by separate MRC Programme grants to S.O'R. and C.J.K and by the EU 6th Framework Programme DIABESITY. Z.M. is supported by a Wellcome Trust PhD studentship, A.P.C. by an MRC Clinician Scientist Award and N.M.M. by a Wellcome Trust Research Career Development Fellowship.

REFERENCES

1. Andrew R, Smith K, Jones GC, Walker BR 2002 Distinguishing the activities of 11 β -hydroxysteroid dehydrogenases in vivo using isotopically labeled cortisol. *J Clin Endocrinol Metab* **87**:277-285
2. Buemann B, Vohl MC, Chagnon M, Chagnon YC, Gagnon J, Perusse L, Dionne F, Despres JP, Tremblay A, Nadeau A, Bouchard C 1997 Abdominal visceral fat is associated with a BclII restriction fragment length polymorphism at the glucocorticoid receptor gene locus. *Obesity Res* **5**:186-192
3. Bujalska IJ, Kumar S, Hewison M, Stewart PM 1999 Differentiation of adipose stromal cells: the roles of glucocorticoids and 11 β -hydroxysteroid dehydrogenase. *Endocrinology* **140**:3188-3196
4. Challis BG, Coll AP, Yeo GS, Pinnock SB, Dickson SL, Thresher RR, Dixon J, Zahn D, Rochford JJ, White A, Oliver RL, Millington G, Aparicio SA, Colledge WH, Russ AP, Carlton MB, O'Rahilly S 2004 Mice lacking pro-opiomelanocortin are sensitive to high-fat feeding but respond normally to the acute anorectic effects of peptide-YY3-36. *Proc Natl Acad Sci U S A* **101**:4695-4700
5. Coll AP, Challis BG, Yeo GS, Snell K, Piper SJ, Halsall D, Thresher RR, O'Rahilly S 2004 The effects of proopiomelanocortin deficiency on murine adrenal development and responsiveness to adrenocorticotropin. *Endocrinology* **145**:4721-4727
6. Coll AP, Challis BG, Lopez M, Piper S, Yeo GS, O'Rahilly S 2005 Proopiomelanocortin-deficient mice are hypersensitive to the adverse metabolic effects of glucocorticoids. *Diabetes* **54**:2269-2276
7. Dallman MF, Strack AM, Akana SF, Bradbury MJ, Hanson ES, Scribner KA, Smith M 1993 Feast and famine: critical role of glucocorticoids with insulin in daily energy flow. *Front Neuroendocrinol* **14**:303-347

8. Debons AF, Siclari E, Das KC, Fuhr B 1982 Gold thioglucose-induced hypothalamic damage, hyperphagia, and obesity: dependence on the adrenal gland. *Endocrinology* **110**:2024-2029
9. Dobson MG, Redfern CP, Unwin N, Weaver JU 2001 The N363S polymorphism of the glucocorticoid receptor: potential contribution to central obesity in men and lack of association with other risk factors for coronary heart disease and diabetes mellitus. *J Clin Endocrinol Metab* **86**:2270-2274
10. Dong Y, Poellinger L, Gustafsson J-Å, Okret S 1988 Regulation of glucocorticoid receptor expression: evidence for transcriptional and posttranslational mechanisms. *Mol Endocrinol* **2**:1256-1264
11. Flier JS 2004 Obesity wars: molecular progress confronts an expanding epidemic. *Cell* **116**:337-350
12. Freedman MR, Horwitz BA, Stern JS 1986 Effect of adrenalectomy and glucocorticoid replacement on development of obesity. *Am J Physiol* **250**:R595-607
13. Fried SK, Russell CD, Grauso NL, Brodin RE 1993 Lipoprotein lipase regulation by insulin and glucocorticoid in subcutaneous and omental adipose tissues of obese women and men. *J Clin Invest* **92**:2191-2198
14. Geley S, Hartmann BL, Hala M, Strasser-Wozak EM, Kapelari K, Kofler R 1996 Resistance to glucocorticoid-induced apoptosis in human T-cell acute lymphoblastic leukemia CEM-C1 cells is due to insufficient glucocorticoid receptor expression. *Cancer Res* **56**:5033-5038
15. Guyton AC 1991 Blood pressure control: special role of the kidneys and body fluids. *Science* **252**:1813-1816

16. Hammami MM, Siiteri PK 1991 Regulation of 11 β -hydroxysteroid dehydrogenase activity in human skin fibroblasts: enzymatic modulation of glucocorticoid action. *J Clin Endocrinol Metab* **73**:326-334
17. Holmes MC, French KL, Seckl JR 1997 Dysregulation of diurnal rhythms of serotonin 5-HT_{2C} and corticosteroid receptor gene expression in the hippocampus with food restriction and glucocorticoids. *J Neurosci* **17**:4056-4065
18. Holmes MC, Yau JLW, French KL, Seckl JR 1995 The effect of adrenalectomy on 5-hydroxytryptamine and corticosteroid receptor subtype messenger RNA expression in rat hippocampus. *Neuroscience* **64**:327-337
19. Jamieson PM, Chapman KE, Edwards CRW, Seckl JR 1995 11 β -hydroxysteroid dehydrogenase is an exclusive 11 β -reductase in primary cultures of rat hepatocytes: effect of physicochemical and hormonal manipulations. *Endocrinology* **136**:4754-4761
20. Jamieson PM, Walker BR, Chapman KE, Andrew R, Rossiter S, Seckl JR 2000 11 β -hydroxysteroid dehydrogenase type 1 is a predominant 11 β -reductase in the intact perfused rat liver. *J Endocrinol* **165**:685-692
21. Kalinyak JE, Dorin RI, Hoffman AR, Perlman AJ 1987 Tissue-specific regulation of glucocorticoid receptor mRNA by dexamethasone. *J Biol Chem* **262**:10441-10444
22. Kannisto K, Pietilainen KH, Ehrenborg E, Rissanen A, Kaprio J, Hamsten A, Yki-Jarvinen H 2004 Overexpression of 11 β -hydroxysteroid dehydrogenase-1 in adipose tissue is associated with acquired obesity and features of insulin resistance: studies in young adult monozygotic twins. *J Clin Endocrinol Metab* **89**:4414-4421
23. Kellendonk C, Eiden S, Kretz O, Schutz G, Schmidt I, Tronche F, Simon E 2002 Inactivation of the GR in the nervous system affects energy accumulation. *Endocrinology* **143**:2333-2340

24. Kotelevtsev Y, Holmes MC, Burchell A, Houston PM, Schmolli D, Jamieson P, Best R, Brown R, Edwards CRW, Seckl JR, Mullins JJ 1997 11 β -hydroxysteroid dehydrogenase type 1 knockout mice show attenuated glucocorticoid inducible responses and resist hyperglycaemia on obesity or stress. *Proc Natl Acad Sci USA* **94**:14924-14929
25. Krude H, Biebermann H, Luck W, Horn R, Brabant G, Gruters A 1998 Severe early-onset obesity, adrenal insufficiency and red hair pigmentation caused by POMC mutations in humans. *Nat Genet* **19**:155-157
26. Lindsay RS, Wake DJ, Nair S, Bunt J, Livingstone DE, Permana PA, Tataranni PA, Walker BR 2003 Subcutaneous adipose 11 β -hydroxysteroid dehydrogenase type 1 activity and messenger ribonucleic acid levels are associated with adiposity and insulinemia in Pima Indians and Caucasians. *J Clin Endocrinol Metab* **88**:2738-2744
27. Livingstone DEW, Jones GC, Smith K, Jamieson PM, Andrew R, Kenyon CJ, Walker BR 2000 Understanding the role of glucocorticoids in obesity: Tissue-specific alterations of corticosterone metabolism in obese Zucker rats. *Endocrinology* **141**:560-563
28. Makimura H, Mizuno TM, Roberts J, Silverstein J, Beasley J, Mobbs CV 2000 Adrenalectomy reverses obese phenotype and restores hypothalamic melanocortin tone in leptin-deficient ob/ob mice. *Diabetes* **49**:1917-1923
29. Masuzaki H, Paterson J, Shinyama H, Morton NM, Mullins JJ, Seckl JR, Flier JS 2001 A transgenic model of visceral obesity and the metabolic syndrome. *Science* **294**:2166-2170
30. Masuzaki H, Yamamoto H, Kenyon CJ, Elmquist JK, Morton NM, Paterson JM, Shinyama H, Sharp MG, Fleming S, Mullins JJ, Seckl JR, Flier JS 2003 Transgenic

amplification of glucocorticoid action in adipose tissue causes high blood pressure in mice. *J Clin Invest* **112**:83-90

31. Morton NM, Densmore V, Wamil M, Ramage L, Nichol K, Bunger L, Seckl JR, Kenyon CJ 2005 A polygenic model of the metabolic syndrome with reduced circulating and intra-adipose glucocorticoid action. *Diabetes* **54**:3371-3378

32. Morton NM, Holmes MC, Fiévet C, Staels B, Tailleux A, Mullins JJ, Seckl JR 2001 Improved lipid and lipoprotein profile, hepatic insulin sensitivity, and glucose tolerance in 11 β -hydroxysteroid dehydrogenase type 1 null mice. *J Biol Chem* **276**:41293-41300

33. Morton NM, Paterson JM, Masuzaki H, Holmes MC, Staels B, Fievet C, Walker BR, Flier JS, Mullins JJ, Seckl JR 2004 Novel adipose tissue mediated resistance to diet-induced visceral obesity in 11 β -hydroxysteroid dehydrogenase type 1-deficient mice. *Diabetes* **53**:931-938

34. Napolitano A, Voice MW, Edwards CRW, Seckl JR, Chapman KE 1998 11 β -hydroxysteroid dehydrogenase 1 in adipocytes: expression is differentiation-dependent and hormonally regulated. *J Steroid Biochem Molec Biol* **64**:251-260

35. Nechushtan H, Benvenisty N, Brandeis R, Reshef L 1987 Glucocorticoids control phosphoenolpyruvate carboxykinase gene expression in a tissue specific manner. *Nuc Acids Res* **15**:6405-6417

36. Opherck C, Tronche F, Kellendonk C, Kohlmuller D, Schulze A, Schmid W, Schutz G 2004 Inactivation of the glucocorticoid receptor in hepatocytes leads to fasting hypoglycemia and ameliorates hyperglycemia in streptozotocin-induced diabetes mellitus. *Mol Endocrinol* **18**:1346-1353

37. Paterson JM, Morton NM, Fiévet C, Kenyon CJ, Holmes MC, Staels B, Seckl JR, Mullins JJ 2004 Metabolic syndrome without obesity: Hepatic overexpression of 11 β -

hydroxysteroid dehydrogenase type 1 in transgenic mice. *Proc Natl Acad Sci USA* **101**:7088-7093

38. Paulmyer-Lacroix O, Boullu S, Oliver C, Alessi MC, Grino M 2002 Expression of the mRNA coding for 11 β -hydroxysteroid dehydrogenase type 1 in adipose tissue from obese patients: an *in situ* hybridization study. *J Clin Endocrinol Metab* **87**:2701-2705

39. Pilkis SJ, Granner DK 1992 Molecular physiology of the regulation of hepatic gluconeogenesis and glycolysis. *Ann Rev Physiol* **54**:885-909

40. Rascher W, Dietz R, Schomig A, Burkart G, Luth JB, Mann JF, Weber J 1979 Modulation of sympathetic vascular tone by prostaglandins in corticosterone-induced hypertension in rats. *Clin Sci (Lond)* **57** Suppl 5:235s-237s

41. Rask E, Olsson T, Söderberg S, Andrew R, Livingstone DE, Johnson O, Walker BR 2001 Tissue-specific dysregulation of cortisol metabolism in human obesity. *J Clin Endocrinol Metab* **86**:1418-1421

42. Reichardt HM, Umland T, Bauer A, Kretz O, Schütz G 2000 Mice with an increased glucocorticoid receptor gene dosage show enhanced resistance to stress and endotoxic shock. *Mol Cell Biol* **20**:9009-9017

43. Reshef L, Olswang Y, Cassuto H, Blum B, Croniger CM, Kalhan SC, Tilghman SM, Hanson RW 2003 Glyceroneogenesis and the triglyceride/fatty acid cycle. *J Biol Chem* **278**:30413-31416

44. Rosmond R, Chagnon YC, Holm G, Chagnon M, Périusse L, Lindell K, Carlsson B, Bouchard C, Björntorp P 2000 A glucocorticoid receptor gene marker is associated with abdominal obesity, leptin, and dysregulation of the hypothalamic-pituitary-adrenal axis. *Obes Res* **8**:211-218

45. Sainsbury A, Cusin I, Rohner-Jeanrenaud F, Jeanrenaud B 1997 Adrenalectomy prevents the obesity syndrome produced by chronic central neuropeptide Y infusion in normal rats. *Diabetes* **46**:209-214
46. Saruta T 1996 Mechanism of glucocorticoid-induced hypertension. *Hypertens Res* **19**:1-8
47. Sasaki K, Cripe TP, Koch SR, Andreone TL, Petersen DD, Beale EG, Granner DK 1984 Multihormonal regulation of phosphoenolpyruvate carboxykinase gene transcription. The dominant role of insulin. *J Biol Chem* **259**:15242-15251
48. Sheppard KE, Roberts JL, Blum M 1990 Differential regulation of type II corticosteroid receptor messenger ribonucleic acid expression in the rat anterior pituitary and hippocampus. *Endocrinology* **127**:431-439
49. Sowers JR 2004 Insulin Resistance and hypertension. *Am J Physiol Heart Circ Physiol* **286** (5): H1597-602
50. Ukkola O, Pérusse L, Weisnagel SJ, Bergeron J, Després JP, Rao DC, Bouchard C 2001 Interactions among the glucocorticoid receptor, lipoprotein lipase, and adrenergic receptor genes and plasma insulin and lipid levels in the Quebec Family Study. *Metabolism* **50**:246-252
51. Ukkola O, Rosmond R, Tremblay A, Bouchard C 2001 Glucocorticoid receptor Bcl I variant is associated with an increased atherogenic profile in response to long-term overfeeding. *Atherosclerosis* **157**:221-224
52. Vanderbilt JN, Miesfeld R, Maler BA, Yamamoto KR 1987 Intracellular receptor concentration limits glucocorticoid-dependent enhancer activity. *Mol Endocrinol* **1**:68-74
53. van Rossum EF, Koper JW, van den Beld AW, Uitterlinden AG, Arp P, Ester W, Janssen JA, Brinkmann AO, de Jong FH, Grobbee DE, Pols HA, Lamberts SW 2003

Identification of the BclI polymorphism in the glucocorticoid receptor gene: association with sensitivity to glucocorticoids in vivo and body mass index. *Clin Endocrinol* **59**:585-592

54. Voice MW, Seckl JR, Edwards CRW, Chapman KE 1996 11 β -hydroxysteroid dehydrogenase type 1 expression in 2S-FAZA hepatoma cells is hormonally regulated; a model system for the study of hepatic glucocorticoid metabolism. *Biochem J* **317**:621-625

55. Wallerath T, Godecke A, Molojavyi A, Li H, Schrader J, Forstermann U 2004 Dexamethasone lacks effect on blood pressure in mice with a disrupted endothelial NO synthase gene. *Nitric Oxide* **10**:36-41

56. Whitworth JA, Schyvens CG, Zhang Y, Mangos GJ, Kelly JJ 2001 Glucocorticoid-induced hypertension: from mouse to man. *Clin Exp Pharmacol Physiol* **28**:993-996

57. Yaswen L, Diehl N, Brennan MB, Hochgeschwender U 1999 Obesity in the mouse model of pro-opiomelanocortin deficiency responds to peripheral melanocortin. *Nat Med* **5**:1066-1070

Figure Legends

FIG. 1. Mediators of GC action in adipose tissue of *Pomc*^{-/-} mice and effects of CORT-treatment on GC target genes

(A) Representative northern blot showing levels of 11 β -HSD1 mRNA and 18S RNA in epididymal adipose tissue of *Pomc*^{-/-} (-/-) and wild type (+/+) mice, either untreated or treated for 10 days with corticosterone (cort). (B-E) Quantitation of adipose tissue-specific 11 β -HSD1 (B), GR (C), LPL (D) and PEPCK (E) mRNA levels in experimental mice. Epi, epididymal fat; ing, inguinal fat; retro, retroperitoneal fat. Data are presented as % of the value in untreated wild type mice (100%) and are the means \pm SEM; n=5/group. Significance, **P*<0.05, ***P*<0.01 and ****P*<0.001.

FIG. 2. Mediators of GC action in liver of *Pomc*^{-/-} mice and effects of CORT-treatment on GC target genes

Liver mRNA expression of (A) 11 β -HSD1 (B) GR and (C) PEPCK in *Pomc*^{-/-} (-/-) and wild type (+/+) mice, either untreated or treated for 10 days with corticosterone (cort). Data are presented as % of the value in untreated control mice (100%) and are the means \pm SEM; n=5/group. Significance, **P*<0.05, ***P*<0.01 and ****P*<0.001.

FIG. 3. Dyslipidaemia and fatty liver in *Pomc*^{-/-} mice.

(A) Plasma triglyceride levels in *Pomc*^{-/-} (-/-) and wild type (+/+) mice, either untreated or treated for 10 days with corticosterone (cort). (B) Oil Red O staining of neutral lipid in liver sections of wild type mice (+/+, left upper panel), CORT-treated wild type mice (+/+, left bottom panel), *Pomc*^{-/-} (-/-, right upper panel) and CORT-treated *Pomc*^{-/-} (-/-, right bottom panel). Magnification is x40; red=Oil red O, blue = haematoxylin (nuclei). (C) hepatic triglyceride content in *Pomc*^{-/-} (-/-) and wild type

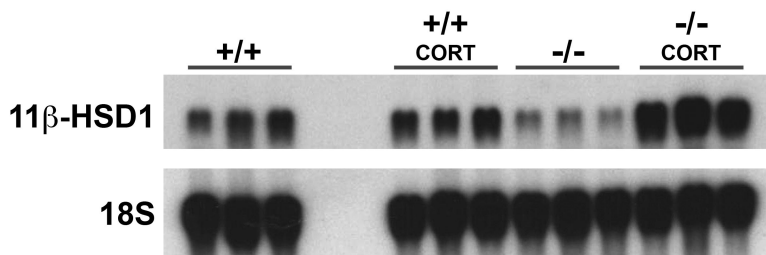
(+/+) mice, either untreated or treated for 10 days with corticosterone (cort). (D) plasma levels of non esterified fatty acids (NEFA) in *Pomc*^{-/-} (-/-) and wild type (+/+) mice, either untreated or treated for 10 days with corticosterone (cort). Data are means \pm SEM; (n=6/group). Significance, *** P <0.001.

FIG 4. Corticosterone treatment increases blood pressure in *Pomc*^{-/-} mice: effect of CORT-treatment on the Renin-angiotensin system

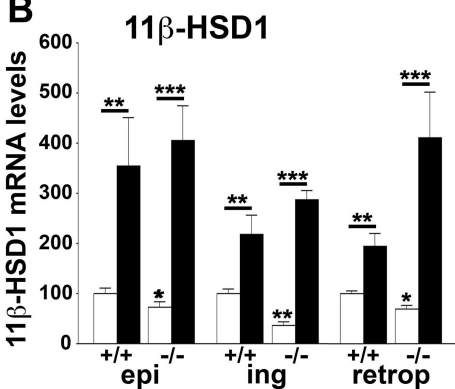
Effect of 10 days corticosterone treatment (cort) on (A) systolic blood pressure (B) renin concentration (C) plasma angiotensinogen (D) angiotensinogen (Agt) mRNA in adipose tissue (AT) and (E) angiotensinogen (Agt) mRNA levels in liver in wild type (+/+) and *Pomc*^{-/-} (-/-) mice. Epi, epididymal fat; ing, inguinal fat; retro, retroperitoneal fat. Data are the means \pm SEM, and for transcript levels are expressed relative to levels in untreated wild type mice (100%); n=5/group. Significance; * P <0.05, ** P <0.01 and *** P <0.001.

Figure 1

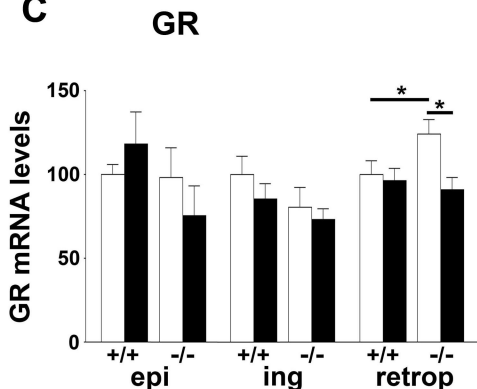
A



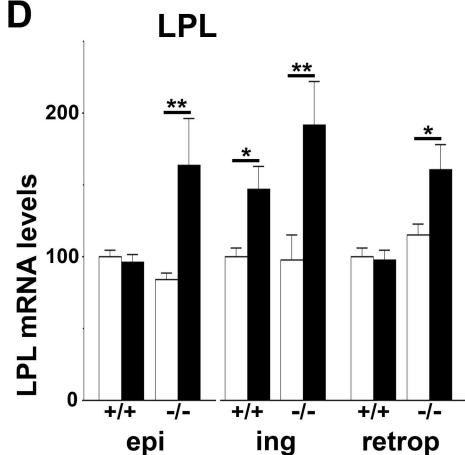
B



C



D



E

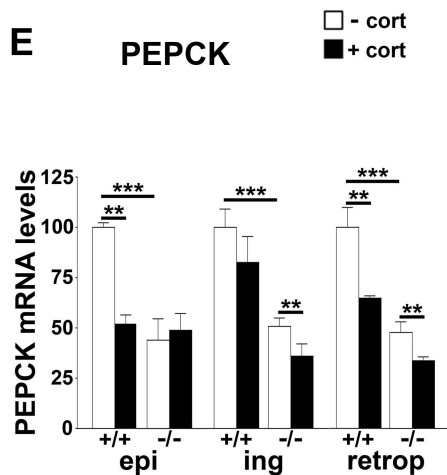


Figure 2

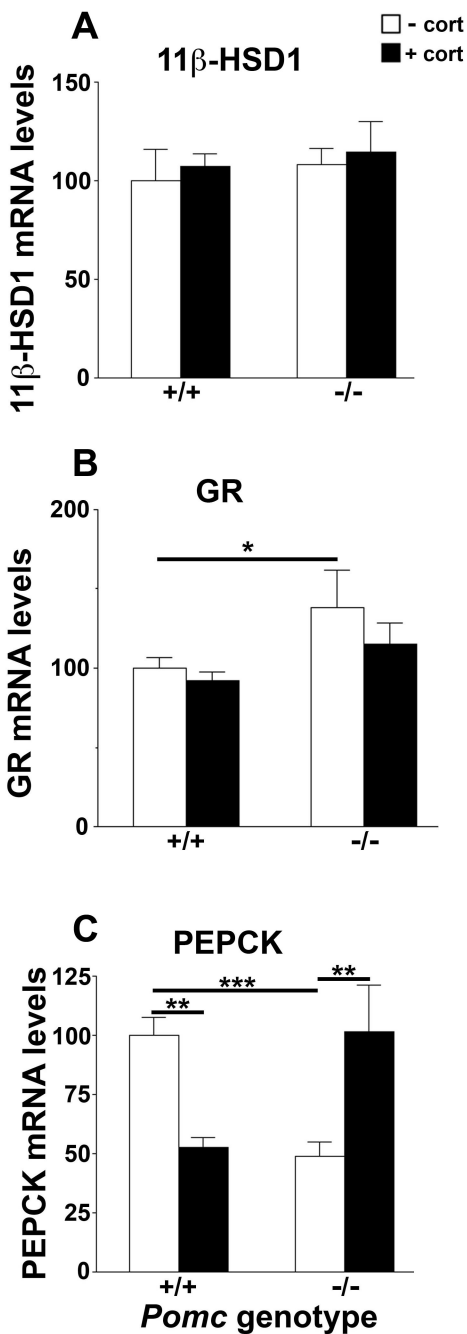


Figure 3

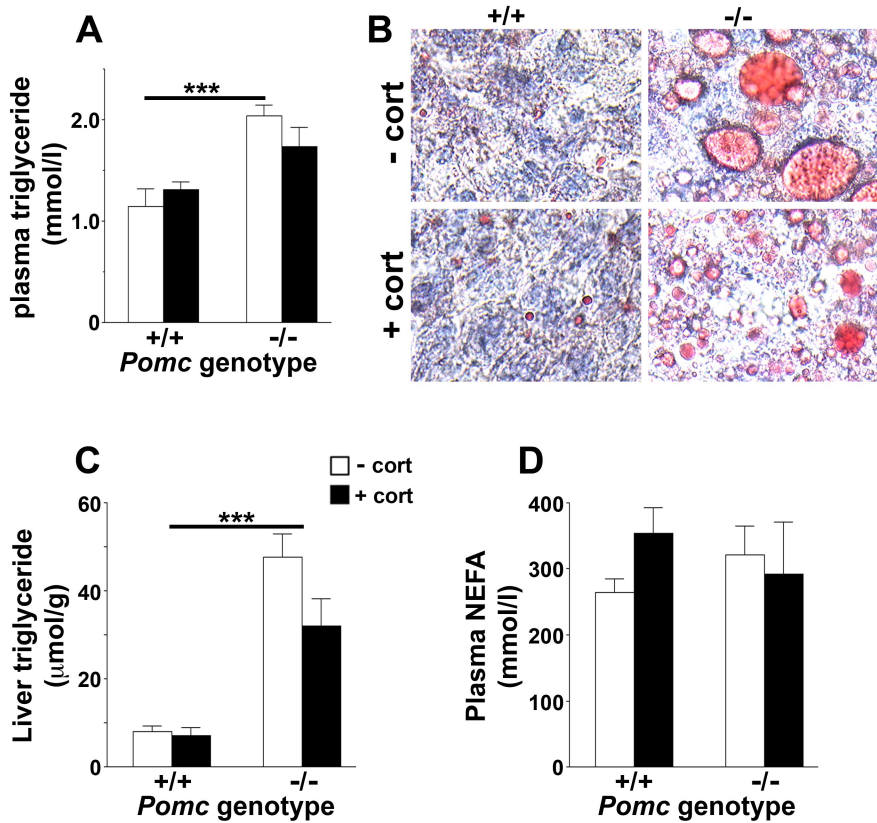
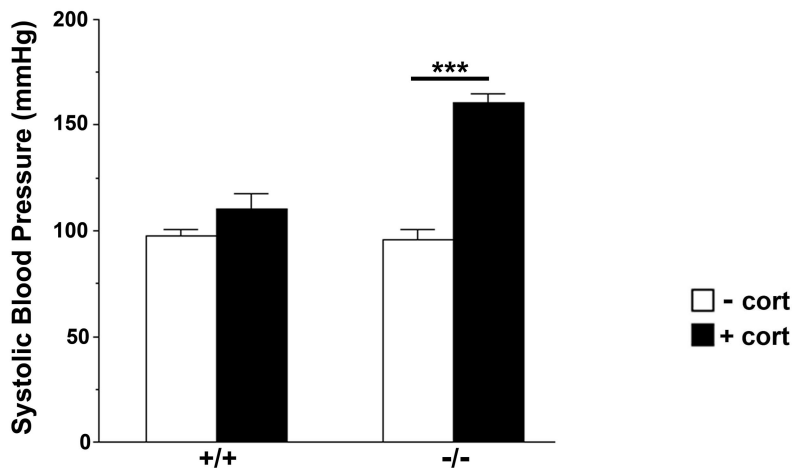
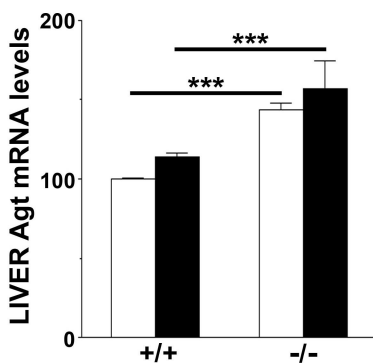


Figure 4

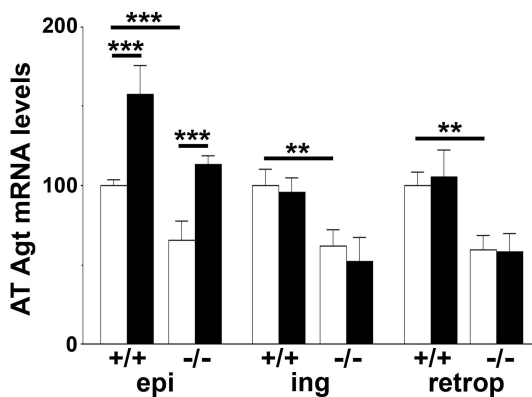
A



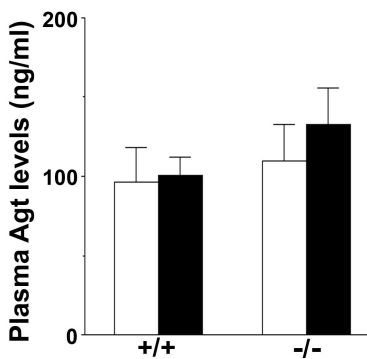
B



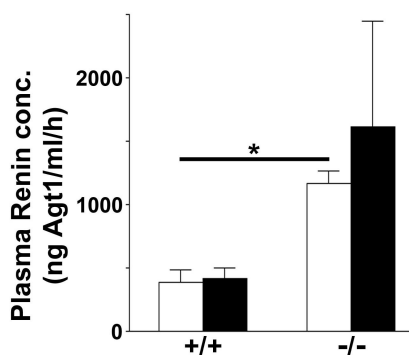
C



D



E



Pomc genotype